



Prayer of the Day

Stir up your power, O Lord, and come. With your great might, give us your help, that whatever is hindered by our sins may be speedily accomplished by your grace; for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.

First Reading: Micah 5:2-5a

²But you, O Bethlehem Ephrathah, who are too little to be among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel, whose coming forth is from of old, from ancient days. ³Therefore he shall give them up until the time when she who is in labor has given birth; then the rest of his brothers shall return to the people of Israel. ⁴And he shall stand and shepherd his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall dwell secure, for now he shall be great to the ends of the earth. ⁵And he shall be their peace.

Psalm 80:1-7

¹Hear, O Shepherd of Israel, leading Joseph | like a flock;*
shine forth, you that are enthroned up- | on the cherubim.

²In the presence of Ephraim, Benjamin, | and Manasseh,*
stir up your strength and | come to help us.

³Restore us, O | God of hosts;*
show the light of your countenance, and we | shall be saved.

⁴O LORD | God of hosts,*
how long will you be angered despite the prayers | of your people?

⁵You have fed them with the | bread of tears;*
you have given them bowls of | tears to drink.

⁶You have made us the derision | of our neighbors,*
and our enemies laugh | us to scorn.

⁷Restore us, O | God of hosts;*
show the light of your countenance, and we | shall be saved.

Second Reading: Hebrews 10:5-10

⁵Consequently, when Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body have you prepared for me; ⁶in burnt offerings and sin offerings you have taken no pleasure. ⁷Then I said, 'Behold, I have come to do your will, O God, as it is written of me in the scroll of the book.'" ⁸When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), ⁹then he added, "Behold, I have come to do your will." He does away with the first in order to establish the second. ¹⁰And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.

Gospel: Luke 1:39-45 [46-56]

³⁹In those days Mary arose and went with haste into the hill country, to a town in Judah, ⁴⁰and she entered the house of Zechariah and greeted Elizabeth. ⁴¹And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit, ⁴²and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! ⁴³And why is this granted to me that the mother of my Lord should come to me? ⁴⁴For behold, when the sound of your greeting came to my ears, the baby in my womb leaped for joy. ⁴⁵And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord." [⁴⁶And Mary said, "My soul magnifies the Lord, ⁴⁷and my spirit rejoices in God my Savior, ⁴⁸for he has looked on the humble estate of his servant. For behold, from now on all generations will call me blessed; ⁴⁹for he who is mighty has done great things for me, and holy is his name. ⁵⁰And his mercy is for those who fear him from generation to generation. ⁵¹He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts; ⁵²he has brought down the mighty from their thrones and exalted those of humble estate; ⁵³he has filled the hungry with good things, and the rich he has sent away empty. ⁵⁴He has helped his servant Israel, in remembrance of his mercy, ⁵⁵as he spoke to our fathers, to Abraham and to his offspring forever." ⁵⁶And Mary remained with her about three months and returned to her home.]