

Sola Publishing Children's Message Lent 1 – Year B		SOLA 
What is LENT?		
Readings	1) Genesis 22:1-18 2) James 1:12-18 3) Mark 1:9-15	
Scripture Focus		
Take Away	Lent Mite Boxes	
Aids (pics, props, etc.)	Sample of the MITE BOX 2 ¾" x 2 ¾" found at Church Supplier – Easter for coloring or blank white	
Message Were any of you here last Wednesday? It was a special day called Ash Wednesday. If you were here you got some ashes on your forehead or your hand in the shape of a cross. It's the first day of the church's season called Lent. It is the time that we remember when Jesus went to the desert to fast and pray before He called the disciples and started His work on earth. Do you know what it means to fast? When we decide to fast we decide not to eat anything. Jesus didn't eat anything and prayed for 40 days. During Lent some people decide to do the same things Jesus did for the 40 days before Easter. There are 3 things people usually do during Lent. 1. Pray – We talk to God about specific things or have special devotions. You may do that at home with your parents. 2. Fast – Give up something that we really like in the same way Jesus gave up food for 40 days. Some people give up candy. Some people give up drinking Coke or another favorite food. Some people give up playing video games. What do you think you would give up? 3. Give – We give money during Lent to help people who need help. Introduce the MITE BOXES. I'm going to give each of you special box that you can color (or decorate) and put money in until Easter. On Easter Sunday you can bring your box up here, even if it's not full, and we'll give your donation to some kids who live around here and could use some help with food or clothes. Every time you put money in this box, remind yourself of all the things Jesus does for you and say a little prayer of thanks.		
Repeat Prayer	Dear Jesus, Only you could take away our sin. We are so glad that you came to earth to help us know God better, and to help us help our friends, and to love us. We love you. Amen	